

**Al-Anon and Alateen members who are also members of A.A. may not serve as GR or Alternate GR. See "Digest of Al-Anon and Alateen Policies", Dual Membership in Al-Anon/Alateen and A.A.*

District Representative (DR) An incoming, outgoing, or active past GR who is elected by the other GRs in his district either in his home district or at an Assembly. He assists the Delegate in passing on information about World Service Office activities and Conference decisions to the GRs in his district. He is a member of the Area World Service Committee.

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District Representative *(DR):

The DR is elected from among the incoming, outgoing, or active past GR's in his home district prior to the Assembly or by caucus at the Assembly. Each Dr represents one district within the Area. He helps the groups in his district understand their relationship and responsibility to the worldwide fellowship.

The duties of the DR are

- to call and chair district meetings at regular intervals
- to help the Delegate in every way possible in disseminating Conference information and reports
- to keep in touch with the GRs of his district to learn the views of the groups and their problems, which, in turn, he may report to the Area World Service Committee or the Delegate
- to visit all the groups in his district, particularly new groups, to make sure they are getting necessary information and help
- to help the groups understand and apply the Traditions, which guide us in our fellowship activities
- to prepare and update a mailing list of the GRs in his district for the Area World Service Committee
- to urge every group to complete and promptly return the group data sheets sent out annually by the World Service Office
- to check the group's Current Mailing Address (CMA) with each GR in the district to determine if it is correct
- to make sure mail from the WSO is reaching the groups and being shared with the members
- to attend Area World Service Committee meetings and report to the Area World Service Committee on activities within his district
- to notify the Area World Service Committee and WSO of groups that have disbanded

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