

Al-Anon Family Groups

AI-ANON IS:

- A **FELLOWSHIP** of relatives and friends of alcoholics who believe their lives have been affected by someone else's drinking.
- A **MUTUAL SUPPORT** recovery program based on the Twelve Steps of Alcoholics Anonymous (AA).
- A **NONPROFESSIONAL** fellowship where members share their experience, strength, and hope to solve their common problems.
- A recovery program with the **ANONYMITY** of all Al-Anon, Alateen, and AA members protected.
- A **SPIRITUAL** program that is compatible with all religious beliefs or none.
- A program with the **SINGLE PURPOSE** of helping families and friends of alcoholics, whether the alcoholic is still drinking or not.
- A **WORLDWIDE** fellowship with more than 25,000 groups, in over 115 countries, that has been in existence since 1951.
- **COMPATIBLE** with professional treatment. Statistics show 40% of its members received treatment/counseling after attending Al-Anon.
- **FREE OF CHARGE** and self-supporting through members' voluntary contributions. There are no dues or fees for membership.

AL-ANON IS NOT:

- **Allied** with any sect, denomination, political entity, organization, or institution.
- **Involved** in any outside issues — neither endorses nor opposes any cause.
- **Affiliated** with AA, although both fellowships do cooperate with one another.
- **Considered** a religious organization, treatment center, counseling agency, or teaching program.
- **Intended** for families of individuals with other difficulties unless there is a problem of alcoholism as well.
- **Conducted** by professionals.
- **Intended** as a replacement for professional treatment.

ALATEEN IS:

- Part of Al-Anon Family Groups.
- For young people who have been affected by someone else's drinking.

ALATEEN IS NOT:

- A program for young people seeking sobriety.

**For further information,
in USA & Canada, call
888-4AL-ANON (888-425-2666)**

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